

## **NEWS LETTER - Autumn 2002**

### **Reiki Training Centre – Elizabeth Harley KRM ®**

#### **Happy New Year!**

We are now into the 3<sup>rd</sup> moon of the new Mayan Calendar. This is going to be a very special year for growth on all levels. (this “year” runs till the end of July 2003) According to Amma Ra the overall tone of the year is ten, which is the tone of manifestation. This means it will be easier for us to realise our goals. It also means we need to be very aware of what energy we are putting out in each moment, as each instant is the seed of potential for creating our future. It is more important than ever to be positive and maintain our Higher connections. The highest aspect of tone ten represents us becoming one with our Higher Selves, in the physical body.

It has never been more important for us to maintain the higher perspective than now, with the news full of the threat of war. If we get all stressed out and worry about it we then become part of the problem. We add to the weight of fearful negative energy around the planet. When we maintain the higher perspective, and simply send out Love, Light and Reiki energy from a space of inner peace we become part of the solution. And what a beautiful solution you are! Never underestimate the power one person has to change the world. One beautiful thought has ripples beyond your wildest dreams. And we will not be working alone. The earth grid this year will be permeated by the highest spiritual frequencies we have ever known on earth. Mmmm, enjoy!

#### **Registration & Accreditation**

##### ***Masters***

In recognition of the extended time and commitment involved to complete the Reiki Training Centre *Master Programme*, graduating Masters will now be honoured by the use of the letters **RTCMT** (*Reiki Training Centre Master Teacher*) after their name.

Congratulations to this years graduating Reiki Training Centre Masters, may you be blessed with an abundance of success, love, wisdom and compassion!

The 2003 *Mastership Programme* will start on Sunday February 9<sup>th</sup> and finish on Sunday September 21<sup>st</sup> 2003. The syllabus and dates are available now.

##### ***Advanced Training***

In 2003, the *Advanced Reiki Training Course* will be over 2 days which will allow more time for working with crystals and the psychic surgery technique. Advanced students who have successfully completed the Reiki II practical will be awarded **RTCRP** (*Reiki Training Centre Registered Practitioner*)

#### **Insurance**

I am in the process of trying to set up insurance for Reiki practitioners. I hope to have details by the Reunion – check the RTC table if interested.

## **Case Histories Amnesty!**

If you haven't handed in your case histories and completed your practical for your Reiki II Certificate, you are invited to do so. It does not matter when you took your Reiki II class! Simply post them in (*or e-mail them if you prefer*) and you will be contacted to arrange a date for your practical.

**2003 Course and Support Group Dates** are now available in printed form and on the web site.

**The 2003 Karuna Residential Retreat** will run from 15<sup>th</sup> August to 17<sup>th</sup> August. This course is suitable for existing Reiki Masters. There may be other non residential dates available throughout the year.

## **New Workshop – Metamorphic Technique**

The Metamorphic Technique is a way of working with reflex points on feet, hands and head to connect with our time in the womb. The intention is to release more of our potential from the point of conception through to and including the birth process. This release affects all centres of our being – physical, mental, emotional and spiritual. Imperfect conditions at this crucial time period can set up unconscious patterns which we may carry throughout our life.

This gentle technique can release these blocks/patterns and allow us to become more of who we are!

The course will be a one day, certificated workshop held on Sunday 26<sup>th</sup> January 2003 in Aberdeen. Completion of the workshop will enable you to use the technique to work on self, family and friends. (Cost £45)

## **Support Group Dates**

The 2003 Support Group dates will be as follows:

19<sup>th</sup> January, 23<sup>rd</sup> February, 16<sup>th</sup> March, 18<sup>th</sup> May, 22<sup>nd</sup> June, 27<sup>th</sup> July, 24<sup>th</sup> August, 19<sup>th</sup> October and 23<sup>rd</sup> November (all Sundays)

## **Venues**

Currently Aberdeen courses are held at either The Station Hotel in Guild Street or at The Rosemount Centre for Complementary Therapies in Mount Street. However if you know of any other venues within or around Aberdeen which have good energy, and parking then please let me know.

## **Contact Details**

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