

APPROACHING 2012



The 21st December 2012 marks the end of a 26,000 year cycle which is described in the East as the out breath of Brahma or Source. The 21st December is the winter solstice when we celebrate the return of the light as the days begin to get longer. In 2012 we will be celebrating the return of the 5th dimensional spiritual light to our planet. 2012 has been heralded as a pivotal time by many ancient traditions, including the Hopi and Mayans. As it signalled the end of the Mayan calendar many had assumed that it signified the end of the world. However, we now know that it only heralds the end of the world *as we know it*. In fact, the quickening of the planet has been in evidence for several years now – 2012 is simply a main focal point in a longer period of change and transformation that will affect everyone and everything we know. There is another important pivotal point preparing the way in 2011, this time at 11.11 on the 11th of November. It is important that we prepare energetically and spiritually for these major events as the opportunity for growth is unprecedented. Choose where you want to be – perhaps spend time with yourself in meditation or arrange to be with like minded people, perhaps at a high energy spot or sacred sight to maximise the potential of this time.

There have already been many phases or waves of transformational energy. It has been quickening over the last 2 years, resulting in many wonderful changes and events, both internal and external. At times it has also brought very difficult and challenging circumstances. A lot of beautiful souls have chosen this powerful time to leave the planet, and many of us have found ourselves in difficult circumstances -

perhaps even ones we had thought we had already dealt with or healed. This incoming energy is a beautiful opportunity for us to completely clear old patterns on all levels. They may be our individual patterns including genetic, birth or pre-birth patterns, karmic, astrological influences, childhood conditioning & ingrained beliefs or they could be familial, ancestral or even cultural patterns that we clear. A few souls may even find themselves transforming human patterns. So it is important to be self aware and non judgemental with ourselves and with others at this time –seemingly simple events may have deep and complex roots, which when worked through will be a gift and blessing not only to ourselves as individuals but to the whole world. The more we can transmute both individually and collectively the easier the coming transformation will be.

Although it may sometimes be difficult, the incoming light and energy is helping us transform our planet into a heaven on earth, where we will all eventually live by the 5th dimensional principles of unity, tolerance, respect, compassion, ethics and loving kindness. Our hearts will be fully opened and all our chakras fully functioning at the 5th dimensional level. The “second coming” will have occurred, but instead of it heralding the birth of another fully-realised spiritual master who walks the earth in human form – this time it signifies the birthing of the Christ Consciousness - of unconditional love in every human heart. The last line of the Invocation I wrote for my 8/8/08 meditation retreat will finally and fully have manifest on earth - **Let each man be my brother, every woman my sister and every child my gift to treasure.**



For this growth to occur there has to be great change - not only amongst us humans but also amongst all the other kingdoms— including the plant, animal and devic kingdoms. The relationship throughout and between all kingdoms and nations also will evolve.

This is already well under way. We are now beginning to redefine our relationship to animals. More people than ever are becoming vegetarian and adopting ethical policies towards our fellow creatures. The understanding that we do NOT have “dominion” over other creatures is beginning to take hold. We are beginning to awaken to the understanding that we do not have the right to use animals as expendable objects for our profit or pleasure - ignoring, or worse seeing yet denying their sentience and ability to suffer at our hands.

20 years ago, after slipping unobserved one night into the back of a circus tent I stood and watched an elephant with mounting dismay, disbelief and aching sadness as he stood in his tent - unable to take more than one step forwards or backwards, as he stood chained by all 4 legs. All he could do was lift one foot after another - mechanically, hypnotically, and then return it to its same position. Time, after time, after time. Slowly and deliberately. With that image painfully etched in my mind, I began demonstrating against circuses that had performing animals. I am sorry to say that the reaction of the public to my leaflets was often nearly as aggressive as that of the circus performers, who felt that I was threatening their livelihood. The public did not want to be made to feel guilty or have their fun spoiled – which I quite understand. So, I began to dress up as a clown to hand out my leaflets and got lots of smiles instead!

It is now time to give up that which is not ours to have - whether it is the delight of being near a captive dolphin, wearing a fabulous fur coat or tucking into **Pâté de foie gras**. We can only truly benefit from that which is freely given. The difference in energy between a captive dolphin and its wild and free counterpart in the ocean is immeasurable. If that wild dolphin *chooses* to connect with you the gift is priceless.

In his book “*The Outermost House,*” written in the 1920’s the author Henry Beston wrote, “**For the animal shall not be measured by man. In a world older and more complete than ours they moved finished and complete, gifted with extensions of the senses we have lost or never attained, living by voices we shall never hear. They are not brethren, they are not underlings; they are other nations, caught with ourselves in the net of life and of time, fellow prisoners of the splendour and travail of the earth.**” These words carry the deep and blinding light of truth we can continue to ignore only for a little longer. They were channelled from a high source and their time is now. We cannot evolve alone just as we cannot ascend alone, all that we are in relationship with and the relationships themselves must also evolve.

The wonderful angel teacher Diana Cooper said, *“A person who loves animals, or sees their magnificence, has opened the doorway to oneness and ascension.”*



There is a quote in the Egyptian “Book of the Dead” that seems pertinent for our time. It states, *“And when she promised to return again, she made some prophecies at that time. One of those prophecies was that the birth of a white buffalo calf would signal the approaching time when she would return again to purify the world.”* In 1994 “Miracle” the white buffalo was born in Wisconsin, also fulfilling sacred prophecies of the Sioux tribes and heralding a time of hope and renewal for humanity and harmony between all people.

The signs and portents have been appearing in the animal kingdom for many years now. In the 70’s the west began to hear about the white lions of Timbavati, whose appearance had been foretold for centuries in the myths of African folklore. The magical white lions are considered to be living symbols of enlightenment and bring joy to all who see them. There have been white deer sightings in the Scottish Highlands and in 1991 a white humpback whale was spotted off the East coast of Australia and named “Migaloo,” (White Fella) by one of the aboriginal elders.

Our relationship to the devic and angelic kingdoms is also changing. We are “coming out of the closet” about our belief in and relationship with angels, unicorns and fairies. Only today a friend told me how she had told her doctor she was feeling positive about her forthcoming Chemotherapy. “I will have the angels with me,” she said. He replied, “Yes, I can see you are a positive person – you have an aura around you.”

The nurse interjected, “Is that you getting spiritual again?”
Fasten your seatbelts, we are on our way!



"With this holy pipe, you will walk like a living prayer. With your feet resting upon the earth and the pipe stem reaching into the sky, your body forms a living bridge between the Sacred Beneath and the Sacred Above. Wakan Tanka smiles upon us, because now we are as one: earth, sky, all living things, the two-legged, the four-legged, the winged ones, the trees, the grasses." White Buffalo Woman on giving the Peace Pipe to the Lakota tribes.